Daily Alternate Entree Options;
Grilled Cheese on NY WG Bread
Sunbutter & Jelly Meal Kit with NY String Cheese
Deli Sandwich of the week on NY WG Bread
Garden Salad with Egg & Cheese with NY Pita Chips
Hummus Meal Kit with NY Pita Chips & NY String Cheese
Tues-Thurs- Meal Kit of the Week (see menu on website)

MENU

MCSES PK-5 LUNCH

Harvest of the Month
NY Dairy
November 18th

NOVEMBER

2 Boneless Chicken Wing & Mozzarella Stick Basket Crinkle Cut Fries NY Marinara Sauce Fresh Veggie Cup	**3** French Toast Sticks Cheese Egg Bite or Chicken Sausage Patty Sweet Potato Bites NY Juice & NY Maple Syrup	**4** Meatballs with NY Marinara & Dinner Roll Roasted NY Blue Potatoes Broccoli *Chocolate Chip Cookie*	**5** Chicken Parmesan Pasta Bake Garlic Breadstick NY Green Beans Grape Tomatoes	**6** NY Pizza Bagel NY Peas & Carrots Fresh Veggie w/Hummus NY Blue Raspberry Applesauce (no blue food dye)
9 Chicken Nuggets Dinner Roll Cheesy Mashed Potatoes Roasted NY Ruby Beets *Chocolate Chip Cookie*	**10** NY Nachos with Taco Beef & Cheese Salsa & Sour Cream Yellow Corn Spicy NY Bean Salad	**11** No School Veterans Day Popcorn Chicken &	**12** Half Day Sunbutter & Jelly Meal Kits Available	**13** NY Cheese Pizza Fresh Veggie Salad Cucumber Coins NY Applesauce Cup
16 NY BBQ Cheeseburger or Veggie Burger NY Roasted Potatoes Rainbow Coleslaw Cup *Mini Rice Crispy Treat*	**17** Cheesy Breadsticks w/NY Marinara Sauce Steamed Broccoli Rainbow Pepper Sticks Cinnamon Applesauce Cup	**18** NY Sunrise Waffles Home Fries NY Cucumber Slices NY Juice & NY Maple Syrup Assorted NY Yogurt Cups	**19** Thanksgiving @ School Roast Chicken Drumstick Buttery Mashed Potatoes Dinner Roll, Yellow Corn Craisins, *Apple Crisp*	**20** NY Pizza Bagel Fresh Veggie Salad Fresh Veggie w/Hummus NY Blue Raspberry Applesauce (no blue food dye)
23 Crispy Chicken Tenders w/dipping sauces NY Pasta Salad Yellow Corn Grape Tomatoes	**24** NY Nachos with Chicken & Cheese Tex Mex Beans Chili Roasted Sweet Potatoes Salsa Cup & Sour Cream *NY Grape Slushie*	**25** NY Pizza Bagel NY Peas & Carrots Carrot Coins w/Hummus NY Blue Raspberry Applesauce (no blue food dye)	**26** No School Thanksgiving	**27** No School Thanksgiving Break
30 Crispy Chicken Sandwich Sweet Potato Wedges NY Carrot Coins NY Applesauce Cup				

Items in Green are all Locally Sourced NY Ingredients from Local Farmers or Producers
We strive to serve as much locally grown seasonal fruits and veggies as possible

View Menus Online

linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored NY State milk.

In collaboration with CAPITAL REGION BOCES SHARED FOOD SERVICE PROGRAM

This institution is an equal opportunity provider.