

Daily Alternate Entree Options;

Grilled Cheese on NY WG Bread

Sun Butter & Jelly on NY WG Bread

Assorted Deli Sandwiches on NY WG Bread

Tues-Thurs- Meal Kit of the Week (see menu on website)

*Entree Salads Available Upon Request

*please order with cafeteria one day in advance or at breakfast

MENU

PK-5 LUNCH

Harvest of the Month

NYS Sweet Potato

& Carrot

February 11th

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FEBRUARY

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Crispy Chicken Patty Sandwich 2
Roasted Sweet Potatoes
NY Yellow Corn
Fresh Veggies w/Ranch

Sweet & Sour Chicken 3
NY Fried Rice & Dumplings
Steamed Broccoli
NY Carrots & Hummus

Pizza Crunchers 4
NY Roasted Root Veggies
NY Yogurt Cup with Granola
Grape Tomatoes

NY Pasta with Meat Sauce 5
Garlic Breadstick
Seasoned NY Green Beans
Cucumber Coins

NY Cheese Pizza 6
Fresh Garden Salad
Assorted Fresh Veggies
NY Cinnamon Applesauce

Popcorn Chicken Bites 9
Mozzarella Sticks
Marinara Sauce
Crinkle Cut French Fries
Fresh Veggie with Dip

NY Shells & Cheese 10
Garlic Knot
Honey Glazed NY Carrots
Grape Tomatoes

Sunrise Carrot Waffles 11
Chicken Sausage Patty
NY String Cheese Stick
NY Roasted Sweet Potatoes
NY Maple Syrup

Meatballs with NY Marinara 12
Garlic Knot
Grape Tomatoes

NY Cheese Pizza 13
Fresh Garden Salad
Assorted Fresh Veggies
NY Applesauce
Valentine's Sugar Cookie

No School 16
Winter Break

No School 17
Winter Break

No School 18
Winter Break

No School 19
Winter Break

No School 20
Winter Break

NY Potato & Cheddar Pierogies 23
w/Cheese Sauce
Garlicy Green Beans
Fresh Veggies w/Hummus
NY Chocolate Chip Cookie

Grilled Cheese on NY Bread 24
Chicken & Veggie Soup with Tortellini
Cocoa Cherry Bar

NY Egg & Cheese Stuffed Bagel 25
NY Yogurt & Granola
NY Potato Wedges
NY Carrot Coins
NY Apple Juice or Applesauce

"NY Skyline Chili" 26
NY Beef Chili over NY Pasta with Cheese Sauce
Cornbread Muffin
Rainbow Pepper Sticks
Mini Rice Krispy Treat

NY Cheese Pizza 27
Fresh Garden Salad
Assorted Fresh Veggies
NY Applesauce

February is **National Sweet Potato Month** & **NY Harvest of the Month**. Learn more about [them HERE](#)

View Menus



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

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