

BREAKFAST 2 WEEK CYCLE HUDSON JR/SR HIGH

**MUST TAKE 3 items and one must be 1/2 Cup Fruit or Juice
to count as a reimbursable meal**

MONDAY

Week 1

**Mini Cinnis
Apple Strudel**

Fruit
Juice

Week 2

**Mini Waffles
(2 flavors)**

Fruit
Juice

TUESDAY

Week 1

NY STATE

**Cheese Omelette
w/sausage links
Fresh Baked Muffins**

Fruit
Juice

Week 2

**French Toast Sticks
w/sausage links
Fresh Baked Muffins**

Fruit
Juice

WEDNESDAY

Week 1

**Fresh Baked
Cinnamon Roll
UBR Bar**

Fruit
Juice

Week 2

**Egg Bites with Mini
Biscuits
Asst Sweet Breads**

Fruit
Juice

THURSDAY

Week 1

**Bacon, Egg & Cheese
Bagel Sandwich
Overnight Oats Parfait**

Fruit
Juice

Week 2

**Sausage Egg & Cheese
Bagel Sandwich
Chocolate Swirl Roll**

Fruit
Juice

FRIDAY

Week 1

**Breakfast Specials
as available**

Fruit
Juice

Week 2

**Breakfast Specials
as available**

Fruit
Juice

Offered Daily

NY State Milk

Assorted Hand Fruit
Assorted 100% Juice

NY Yogurt & Fruit Bar
with Granola or
Grahams

Whole Grain Breakfast
Pizza w/toppings

Bagel w/Cream Cheese

Assorted Cereal Cups