

Daily Hot Entrée Alternate Options:

Monday: Jamaican Beef Patty
Tuesday: Hudson Hot Pocket
Wednesday: Grilled Cheese
Thursday: Nacho Bar
Friday: Daily Cold Alternates Only
 Halal* Chicken Sandwich Daily M-Th

*We serve Halal products, but our kitchen is not Halal Certified
 Fresh Salad Bar Available Daily
 Check Website for Daily Cold Alternates

MENU

Harvest of the Month
 We're celebrating locally grown KALE on December 12th purchased from a local NY State Farm

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DECEMBER
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HUDSON 6-12 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rotini w/Meatballs or Veggie "Meatballs" Garlic Knot Green Beans Warm Cinnamon Pears 2	Chicken or Vegetarian Chick'n & Waffles Maple Glazed Carrots 100% Juice Cup & Syrup Chocolate Chip Cookie 3	Ultimate Nachos Salsa & Sour Cream Guacamole, Olives, Jalapenos Fiesta Corn Mango Peach Applesauce 4	Chicken Gyro or Falafel Served in a WG Pita with Tzatziki Sauce Lettuce, Tomato, Onion Tomato Salad with Feta 5	Pepperoni or Cheese Pizza Veggie of the Day Salad Bar 6
Popcorn Chicken or Veggie Chick'n & Mashed Potato Bowl Yellow Corn Dinner Roll 9	Chef Hannah's Famous Beef Chili (vegetarian chili available) Fresh Baked Jalapeno Cheddar Cornbread 10	Half Day No Lunch Service 11	<i>Hudson's Signature</i> Double Cheeseburger or Veggie Burger Fries w/Special Sauce Lemon Parmesan Kale Salad Harvest of the Month 12	Pepperoni or Cheese Pizza Veggie of the Day Salad Bar 13
Crispy Chicken Tenders with assorted dipping sauces & a Breadstick Tortellini Salad Broccoli 16	<i>New Menu Item</i> Red Curry Chicken Noodle Bowl Kimchi Style Cabbage Assorted Fresh Veggies 17	Jambalaya (chicken, sausage & veggies) with Rice Fresh Baked Cornbread Cucumber Coins 18	Chicken Bacon Ranch Tacos with Roasted Corn Lettuce, Tomato Salsa, Sour Cream Guacamole, Olives, Jalapenos 19	Pepperoni or Cheese Pizza Veggie of the Day Salad Bar 20
Winter Break No School 23	Winter Break No School 24	Winter Break No School 25	Winter Break No School 26	Winter Break No School 27
Winter Break No School 30	Winter Break No School 31	1	2	3

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
 Notice is posted when available.

linqconnect.com

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.
 All our milk is from a local NY Farm

This institution is an equal opportunity employer.
 MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

In collaboration with
CAPITAL REGION BOCES
 SHARED FOOD SERVICE PROGRAM

