

# Hudson City School District Athletic Code of Conduct



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BOE Revision	8/08/11
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The Hudson Bluehawk Athletic Department strives to foster positive relationships that are student-athlete centered, and support a culture of academic, athletic and social growth.

In addition to the District's Code of Conduct and all other applicable policies and procedures, all student athletes shall follow the Athletic Code of Conduct.

### STUDENT ELIGIBILITY

According to the NYSPHSAA regulation, a pupil shall be eligible for interscholastic competition provided that he/she is a bona fide pupil enrolled during the first 15 days of the semester, is registered in the equivalent of three regular courses, is meeting the physical education requirement, and has been in regular attendance 80% of the time. Bona fide absences caused by illness are accepted. The State sets regulations concerning daily attendance at practices and the minimum number of practices before being eligible for competition for each sport. Your coach will inform you of these rules.

**Mixed competition: The deadline for those signing up for a team of the opposite sex is two months prior to the first day of practice. A letter of interest must be submitted to the Administration.**

### DURATION OF COMPETITION

A pupil shall be eligible for senior high school athletic competition in a sport during each of four consecutive seasons of such sport commencing with the pupil's entry into the ninth grade and prior to graduation. A pupil reaching the age 19 on or after July 1 may continue to compete during that school year in all sports.

**Transfer rule:** A student transferring into the Hudson City School District or from the District must be approved for competition according to the Section II rules. Violations may result in forfeiture of athletic contests. Both coaches and the Athletic Director must approve any transfer of athletes between teams in the same season.

### TEAM STANDARDS

It is the expectation that all student athletes:

1. Attend all practices, contests, and team events unless excused by the coach; and
2. Follow rules specific to each sport as articulated by coaches; and
3. Do not provoke, cause or engage in a fight or hazing whether in person or using social media; and
4. Be respectful to coaches, officials, other student athletes and spectators; and
5. Abide by the rules and regulations of Section II, this Code and the District's Code of Conduct

\*Except as otherwise provided by this Code and/or the District Code of Conduct, coaches have discretion in terms of discipline for violations of team rules. For suspensions from athletic participation, the student and the student's parent will be provided with a reasonable opportunity for an informal conference with the coach or other District official imposing the suspension to discuss the conduct and the consequence involved. The Athletic Director will be kept in the loop if violations are continuing. The coach must consult with the Athletic Director before removal from an athletic team.

\*If an athlete is dismissed from a team the athlete, parent/guardian, Athletic Director and Building Principal must meet before that athlete can try out for another team.

### **ATHLETIC TRAINING RULES**

The student athlete is prohibited from:

1. The use, possession, sale, or distribution of alcohol, tobacco (including snuff, chewing and smokeless tobacco, e-cigarettes, vaping products, or other tobacco products), marijuana/cannabis (including, concentrated marijuana/cannabis, marijuana/cannabis vaping products, marijuana/cannabis edibles, marijuana/cannabis beverages, or other marijuana/cannabis products) and /or related paraphernalia, illegal drugs and /or related paraphernalia, illegal performance enhancing drugs, prescription drugs not prescribed to the athlete, synthetic or look alike drugs, and any substance commonly referred to as a designer drug; and

2. Illegal behaviors including, but not limited to: drinking/drug parties, stealing, vandalism, assault or hazing; and

3. Criminal offenses resulting in arrest or the filing of formal charges in court. Athletes who participate in activities resulting in arrest or formal charges being filed in court may face additional penalties under this Code, the District's Code of Conduct, and/or other District Codes and Policies. If the District has adequate and competent evidence that the student participated in the offense for which he or she is charged and that offense violates this Code, the District's Code of Conduct or any other District Code or Policy, a penalty may be imposed according to the relevant Code or Policy, and may be imposed prior to completion of the criminal proceeding. Conviction on criminal charges shall constitute adequate and competent evidence that the student participated in the offense for which he or she was convicted.

### **CONSEQUENCES**

#### **1. Violation of Training Rules**

The District will investigate reports of violations of the training rules generated by District personnel or other community members who are reliable, objective, and competent,

including reports of violations occurring outside of the school day. Any report will result in the following:

- a. A written report will be generated. This information will be shared with the Building Principal and Athletic Director.
- b. After meeting with the alleged violator, the Building Principal and/or Athletic Director will investigate the alleged violation and issue a determination.
- c. If the report is found to be accurate, the penalties outlined below will take effect after any school suspension is applied (students on an out-of-school suspension are not permitted to participate in any athletic activities while suspended).
  - First offense in an athletic season-The athlete will be suspended from 20% of the remaining regular season games (a 2-game minimum). If there are not enough games remaining in the season, post-season games will be included. A suspension will carry from one season to another if needed. Athletes will be encouraged to attend counseling regarding the violation with a school-based counselor.
  - Second offense in an athletic season- The athlete is suspended for the remainder of the current season and the next 2 seasons. The student may reenter play the next year in the season in which the violation was committed. Example: violation occurs during winter season 2022, student must sit out remainder of winter season 2022, all of spring season 2023, all of following fall season 2023. Students may reenter the sports program in winter season 2023.

2. Violations of Student Handbook/Code of Conduct due to violent behavior, disrespectful behavior or insubordination that results in an out-of-school suspension (other than such violations that also violate the training rules, which will be addressed as set forth above) will result in the following:

- a. 1st offense in the season- the Athlete will be suspended for 1 Athletic Contest upon return from their out of school suspension
- b. 2nd offense in the school year will result in a review of the conduct for which they were disciplined with the Coach, Building Principal, Athletic Director, parent/guardian and athlete, after which, the Building Principal will determine the length of the athletic suspension
- c. 3rd offense in the school year will result in the athlete missing the next two sports seasons

3. Violations of Student Handbook/Code of Conduct due to violent behavior, disrespectful behavior or insubordination that result in a full day of in-school suspension (other than such violations that also violate the training rules, which will be addressed as set forth above) will result in the following:

- a. 1st offense in the season- athlete will be suspended from 1 athletic contest

- b. 2nd offense in the season- athlete will be suspended from 2 athletic contests. If there are not enough games remaining in the season, post-season games will be included. A suspension will carry from one season to another if needed
- c. 3rd offense in the school year will result in a review of the conduct for which they were disciplined with the Coach, Building Principal, Athletic Director, parent/guardian and athlete, after which, the Building Principal will determine the length of the athletic suspension

#### 4. Due Process and Appeals

- a. Due Process- Prior to imposition of a penalty, the District Official imposing the penalty (Coach, Building Principal and/or Athletic Director) will notify the athlete of the nature of the infraction and the student will be given an opportunity to explain his or her side of the story. For suspensions from athletic participation, the student and the student's parent will be provided with a reasonable opportunity for an informal conference with the District official imposing the suspension to discuss the conduct and the consequence involved.
- b. Appeals- The student and/or parent/guardian have the right to appeal athletic penalties to the Athletic Director. Appeals must be made in writing within three (3) days of assignment of a penalty under the Athletic Code. The Athletic Director shall issue a determination within three (3) days of receipt of the appeal. The penalty being appealed shall remain in effect while the appeal is pending.

**\*THE SUPERINTENDENT OF THE HUDSON CITY SCHOOL DISTRICT RESERVES THE RIGHT TO DISMISS ANY ATHLETE FROM ATHLETIC PARTICIPATION FOR CONDUCT UNBECOMING A STUDENT ATHLETE IN THE HUDSON CITY SCHOOL DISTRICT, NOTWITHSTANDING THE PENALTIES SET FORTH ABOVE. THE DECISION OF THE SUPERINTENDENT IS FINAL AND BINDING.\***

#### STUDENT ATTENDANCE

Students must be present in school no later than 8:30 am. Anyone entering after 8:30 am without a legal excuse (medical, legal, religious) will not be eligible to practice or play that day. Any illegal absence from study hall or class will result in ineligibility for that day.

**\*Students will be given one free late pass during the season. If a student arrives after 8:30 am but before 10:00 am, the student will still be eligible to participate that day but will only be grant this exception once per season.**

#### ACADEMIC ELIGIBILITY

**Winter and Spring Sports:** Grades will be checked at the progress report and quarter mark.

**Students failing two or more classes on the progress report will be put on academic probation for the remainder of the quarter and will be responsible for the following:**

If failing two classes, the athlete will meet with a teacher or utilize the “For Individuals Completing Assignments” room (“FICA room”) at least 3 times per week for a minimum of 30 minutes each time.

If failing three classes, the athlete will meet with a teacher or utilize the FICA room at least 4 times per week for a minimum of 30 minutes each time.

If failing 4 or more classes, the athlete will be barred from participating in games and practices for a minimum of 2 weeks and until the athlete is no longer failing 4 or more courses and must meet with a teacher or utilize the FICA room at least 4 times per week for a minimum of 30 minutes each time. (The athlete must still attend practice, without participating, unless meeting with a teacher, and may attend home games and sit on the bench but may not wear a uniform)

Students on academic probation must obtain a sign off sheet from either their coach or Athletic Director each week and have the teacher they have met with as set forth above sign off on the sheet documenting their meetings. These sheets must be submitted to their coach or Athletic Director at the end of each week. Failure to submit the sheet and meet the above requirements will result in the athlete being barred from participating in the following week's games and practices.

**Students failing two or more classes at the quarter mark will be placed on academic suspension.**

An athlete on academic suspension will not be allowed to participate in practice or games for a minimum of two weeks and until the athlete is failing no more than 1 course and cannot attend away games. However, an athlete on academic suspension must attend practice (without participating), unless given permission not to attend by the coach, and may attend home games and sit on the bench with team but may not wear a uniform.

**Fall Sports:** Grades will be checked at the progress report and quarter mark once the season gets underway. Students' status/eligibility at the progress report and quarter mark shall be determined in the same manner as for Winter and Spring Sports.

To determine eligibility for the start of the Fall season, students' 4th quarter marks and summer school grades shall be reviewed.

**If a student must repeat a class from the previous school year because they did not attend summer school, because it was not offered or because the student did not perform well in summer school, the student will be placed on academic probation.**

An athlete on academic probation at the start of the school year will be on such probation for 5 weeks during which they must meet with a teacher or attend the FICA room at least 3 times per week for a minimum of 30 minutes each time. However, the athlete's status may be adjusted when the athlete's grades are checked at the progress report and quarter mark, as set forth above.

Students on academic probation must obtain a sign off sheet from either their coach or Athletic Director each week and have the teacher they have met with as set forth above sign off on the sheet documenting their meetings. These sheets must be submitted to their coach or Athletic Director at the end of each week. Failure to submit the sheet and meet the above requirements will result in the athlete being barred from participating in the following week's games and practices.

**\*A passing grade in physical education is required of all student athletes during each sport season. Students must change and participate in physical education each class period in order to play or practice that day. Not changing or participating results in ineligibility for that day.**

### QUITTING A TEAM

A student, who qualifies for and makes a team, participates in one practice after making the team and then quits that team, will be ineligible to participate in any other sport during that season unless agreed upon by both coaches involved and the Athletic Director.

### TRANSPORTATION

Students will be transported to and from all away athletic events by school authorized vehicles. Parents may transport their child home after signing out the student with the coach. **Prior approval** by the administration is required for a student to be transported by anyone other than a custodial parent.

### SPORTS PHYSICALS

The school physician will examine all candidates for interscholastic sports teams as scheduled by the school nurse unless the student completed a physical with their primary care provider. The school physician will review sports physicals completed by the student's primary care provider. The physical is good for one calendar year. The school physician will review and sign pre-participation (general medical history) forms prior to the commencement of each sports season for all athletes and make final determination regarding fitness of students desiring to participate on athletic teams. Parents must fill out a pre-participation form and return it to the coach or school nurse. **The school nurse must initially approve the pre-participation and/or physical forms before a student is allowed to try out.** The school physician will review and sign weight cards for members of the wrestling team.

### SCHOOL UNIFORMS AND EQUIPMENT

It is the responsibility of the athlete to return to the coach all clothing and equipment issued. Failure to do so will result in an athlete paying for the missing articles. If payment is not made, students will forfeit the right to receive any further equipment from the school, be ineligible for certificates and have report cards held.

### **ATHLETIC PLACEMENT PROCESS**

Athletic Placement Process is for Middle School athletes being considered for a high school level team. This process is for those sports not offered at the modified level and occasionally for those athletes recommended by their coaches due to significant talent.

The Junior High athletes (7<sup>th</sup> & 8<sup>th</sup> grade) must meet the New York State Education Departments Selection Classification Guidelines before they may try out. Please visit <https://www.hudsoncsd.org/> and click on the Athletics link on the lower right side of the page. **Follow the link to Athletic Placement Process to access the process that is necessary to follow.**

### **TRAVEL ATTIRE**

On away trips, those students not wearing their uniform to the event shall dress in a manner that displays respect for themselves, the school and the opposing teams. Dress pants, khaki pants, button down shirts, sweaters, or team warm-ups are all good examples of this.

### **HUDSON JR/SR HIGH CODE OF CONDUCT FOR SPECTATORS**

1. Spectators are an important part of the games and are encouraged to conform to accepted standards of good sportsmanship and behavior.
2. Spectators must at all times respect officials, visiting coaches, players, and cheerleaders as guests in the community and extend all courtesies to them.
3. Enthusiastic cheering for one's own team is encouraged.
4. Booning, whistling, stamping of the feet within the bleachers, and disrespectful remarks shall be avoided.
5. There will be no ringing of bells, sound of horns, or other noisemakers at indoor contests during play. Anyone who does not abide by this rule will be asked to leave the premises.
6. Pep bands or school bands, under the supervision of the school personnel, may play during timeouts, between periods, or at halftime. Bands must coordinate their play so as not to interfere with a cheerleading squad on the floor or field.
7. The throwing of debris, confetti, or other objects from the stands is prohibited. Offending individuals will be asked to leave.
8. During a free throw all courtesies shall be extended.
9. Courteous behavior is an expectation.
10. Spectators will observe the rules of the local school concerning smoking, food and drinking consumption, littering and parking procedures.
11. Spectators will respect and obey all school officials and supervisors at athletic contests.
12. Spectators will show respect to paid and volunteer coaches while they are coaching. Spectators will refrain from approaching the benches, sidelines, or dugouts during pre-game warm-ups, game play, and post-game wrap up.

**\*Abiding by these rules will allow spectators to participate in athletic contests throughout the entire season.**

**HUDSON JR/SR HIGH**



## **SPORTSMANSHIP POLICY**

Learn and understand the rules of your sport. Play hard; play to win, but play fairly within the rules. Do not allow your temper to distract you from the fundamentals of good sportsmanship. Maintain self-control. Respect your opponent. Never taunt. Congratulate him or her at the game's end. Acknowledge good play. Respect the integrity and judgment of the officials. Decisions of the officials can only be questioned by appropriate team members in a courteous manner. Be an example for your school, teammates and opponents. A player who is disqualified from a contest for unsportsmanlike behavior is prohibited from playing in the next regularly scheduled contest/game. An intentional physical confrontation with an official or coach is any incident in which a player strikes, bumps or otherwise physically intimidates an official prior to, during or after a contest/game and results in the removal of the player from the team.

## **N.C.A.A REQUIREMENTS**

Any student enrolling in a Division I or II College or University and interested in participating in athletics must meet specific eligibility requirements. You must be registered and certified by the N.C.A.A. Initial Eligibility Clearinghouse prior to participation. Please contact your guidance counselor at the end of your junior year for the proper clearinghouse registration forms or visit <https://web3.ncaa.org/ecwr3/> and [www.ncaa.org](http://www.ncaa.org).

## **DIRECTIONS TO SCHOOLS**

Please visit <https://www.hudsoncsd.org/> and click on the Athletics link on the lower right side of the page. Follow the link to Directions once you are on the Athletic page.

**HUDSON CITY SCHOOL DISTRICT ATHLETIC CODE OF CONDUCT**

ATHLETES NAME: \_\_\_\_\_

(Last name, First name)

Sport: \_\_\_\_\_ Level: \_\_\_\_\_

Grade: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Phone: Home: \_\_\_\_\_

Work: \_\_\_\_\_

Cell: \_\_\_\_\_

I have read and understand the guidelines, procedures, training rules and consequences. I give my son/daughter \_\_\_\_\_ permission to participate.

I have knowledge, understanding and agreement with the rules and regulations and have reviewed them with my child.

Parent signature: \_\_\_\_\_

Date: \_\_\_\_\_

I acknowledge that I have knowledge, understanding and agreement with the guidelines, procedures, training rules and consequences and I agree to comply with the terms and conditions set forth in order that I may participate.

Athlete signature: \_\_\_\_\_

Date: \_\_\_\_\_