

JANUARY 2022

Elementary Base Menu



Edited 12/8/2021

Monday	Tuesday	Wednesday	Thursday	Friday
Pancakes Home Fries Turkey Sausage Fruit of the Day NYS Milk 3	Chicken & Cheese Quesadilla Salsa Corn & Black Beans Fruit of the Day NYS Milk 4	Chicken Tenders Sweet Potato Fries Applesauce NYS Milk 5	NYS Cheeseburger Corn Fruit of the Day NYS Milk 6	Cheese Pizza Cucumbers & Dip Fruit of the Day NYS Milk 7
Waffles Home Fries Fruit & Yogurt Parfait Fruit of the Day NYS Milk 10	Loaded Nachos Turkey Taco Meat, Nacho Cheese Salsa, Sour Cream Corn & Black Beans Fruit of the Day NYS Milk 11	Crispy Chicken Sandwich Cucumbers & Dip Fruit of the Day NYS Milk 12	French Toast Sweet Potato Home Fries Turkey Sausage Fruit of the Day NYS Milk 13	Cheese Pizza Tossed Salad Fruit of the Day NYS Milk 14
No School Martin Luther King Day 17	NYS Cheeseburger Veg of the Day Fruit of the Day NYS Milk 18	Popcorn Chicken Sweet Potato Fries Fruit of the Day NYS Milk 19	Chicken Alfredo Ziti Garlic Breadstick Broccoli Fruit of the Day NYS Milk 20	Cheese Pizza Cucumbers & Dip Fruit of the Day NYS Milk 21
Pancakes Turkey Sausage Home Fries Fruit of the Day NYS Milk 24	Loaded Tacos Lettuce, Cheese, Salsa Rice Tex-Mex Black Beans Fruit of the Day NYS Milk *Turkey or Beef used 25	Chicken Nuggets Sweet Potato Tater Tots Applesauce NYS Milk 26	Pasta with NYS Meatballs Marinara Sauce Green Beans Fruit of the Day NYS Milk *Meatballs are 100% beef 27	Cheese Pizza Broccoli Fruit of the Day NYS Milk 28
French Toast Sticks Home Fries Turkey Sausage Fruit of the Day NYS Milk 31				

Menus are pork free.

Menus are subject to change. Notice posted when available.

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Breakfast Choices & Alternate Lunch Options

Breakfast Choices:

Bagel with Cream Cheese
Assorted Cereal
Whole Grain Muffin
Fruit: 100% Fruit Juice or Fruit of the Day
Choice of Milk

Alternate Lunch Options:

Hummus with Pita Chips & Vegetables (served with fruit, choice of milk)
Yogurt (served with a grain, choice of fruit/veg, choice of milk)
Sandwich of the Day (served with fruit/veg, choice of milk)

Sandwich of the Day:

Monday: Turkey & Cheese Sandwich
Tuesday: Ham & Cheese Sandwich
Wednesday: Grilled Cheese
Thursday: Ham & Cheese on Sandwich
Friday: Turkey & Cheese Sandwich
Sun butter & jelly sandwich available upon request

Turkey products used for sandwiches



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

January Menu Highlights:

UPDATE: The USDA extended FREE meals to all students until June 2022. **It remains important that families who believe they may qualify for the Free and Reduced Price Meal program submit an application. We want to be sure that all eligible families are enrolled in this program**



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.

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