



# JANUARY 2022

## After School Program Menu

### Monday

WG Muffin  
Yogurt  
Cheese Stick  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

3

### Tuesday

Peanut Butter Cup  
Apple Slices  
Celery  
Crackers  
**NYS Milk**

4

### Wednesday

Turkey Bologna Sandwich  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

5

### Thursday

Nachos w/Salsa  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

6

### Friday

Peanut Butter & Jelly  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

7

Bagel w/Peanut Butter  
Yogurt  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

10

Tuna Salad  
Crackers  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

11

Cold Pizza  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

12

Turkey & Cheese Sandwich  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

13

Peanut Butter & Jelly  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

14

**No School**  
**Martin Luther King Day**

17

Peanut Butter Cup  
Apple Slices  
Celery  
Crackers  
**NYS Milk**

18

Turkey Bologna Sandwich  
Assorted Fruit  
Fresh Veggie  
**NYS Milk**

19

Nachos w/Salsa  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

20

Peanut Butter & Jelly  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

21

WG Muffin  
Yogurt  
Cheese Stick  
Assorted Fruit  
Fresh Veggies

24

Tuna Salad  
Crackers  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

25

Cold Pizza  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

26

Turkey & Cheese Sandwich  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

27

Peanut Butter & Jelly  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

28

Bagel w/Peanut Butter  
Yogurt  
Assorted Fruit  
Fresh Veggies  
**NYS Milk**

31



# JANUARY 2022



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!

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## January Menu Highlights:

**UPDATE:** The USDA extended FREE meals to all students until June 2022. \*\*It remains important that families who believe they may qualify for the Free and Reduced Price Meal program submit an application. We want to be sure that all eligible families are enrolled in this program\*\*



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.