

Hi Chris,

Thank you again for letting us assess your cafeterias! Please find below the overall results of the Smarter Lunchroom assessment for the Hudson Middle and High Schools. These two cafeterias have been awarded the silver medal with scores of 32 and 33! This indicates that your cafeteria's are off to an excellent start to inspiring kids to eat healthier. Listed below are some general first impressions, outstanding strengths, and recommendations for helping your school advance to the gold status.

We can provide any technical assistance you need. Please let us know if you identify any needs you have that would help make these changes easier. We are here to help. There is a limited amount of equipment/materials available.

If you want a refresher on the Smarter Lunchroom Initiative, check out this short YouTube video: <http://www.youtube.com/watch?v=BKff5QiTqgg>

First Impressions:

- The multiple variety in texture and color of fruits and vegetables that are offered.



- The sign indicating the local fruit that is being offered.
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Strengths:

- Colorful posters showing how to make a healthy plate are displayed in the lunchroom.



- The wonderfully presented salad bar that is fully stocked and offers a variety of vegetable and fruit options.



- The lunchroom is branded/decorated in a way that reflects the student body.



- The dining area is well lit, cleaning supplies are not visible and trash cans are at least 5 feet away from dining students.

Opportunities:

SNAP-Ed New York is funded by USDA's Supplemental Nutrition Assistance Program (SNAP). This institution is an equal opportunity provider. Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EOE, protected veterans and individuals with disabilities, and provides equal program and employment opportunities.

- The use of creative names for menu items on signs and on the school menu.
- Student artwork/projects to decorate the lunchroom.
- Incorporate Smarter Lunchrooms Movement into the Wellness Policy.
- Students could provide informal feedback (raising their hand or with surveys) to inform menu development.
- Students are involved in development of creative and descriptive names for menu items.
- Students have the opportunity to volunteer in the lunchroom.



Cornell Cooperative Extension
SNAP-Ed New York, Hudson Valley Region

Smarter Lunchrooms Assessment – Completed by SNAP-ED HV, January 29, 2020
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