

Hi Chris,

Thank you again for letting us assess your cafeteria! Please find below the overall results of the Smarter Lunchroom assessment for Hudson Elementary School. Your cafeteria has been awarded the silver medal, with a score of 28! This indicates that your cafeteria is off to an excellent start to inspiring kids to eat healthier. Listed below are some general first impressions, outstanding strengths, and recommendations for helping your school advance to the gold status.

We can provide any technical assistance you need. Please let us know if you identify any needs you have that would help make these changes easier. We are here to help. There is a limited amount of equipment and materials available.

If you want a refresher on the Smarter Lunchroom Initiative, check out this short YouTube video: <http://www.youtube.com/watch?v=BKff5QiTqgg>

First Impressions:

- The clear path (floor decal) directing students to the line.



- The small space is used well and kept clean. (3 identical service lines allow for the most efficient passage of students through the line)

Strengths:

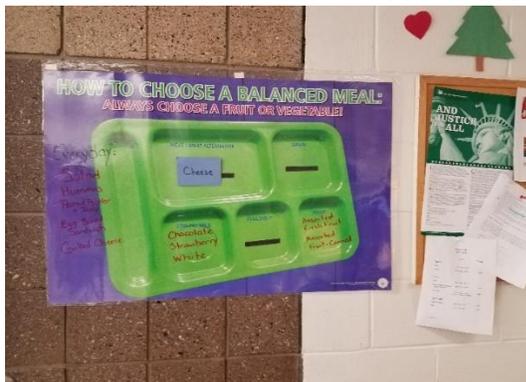
- Pre-packaged salads are available to all students.



- Colorful posters showing how to make a healthy plate are displayed in the lunchroom.



- The lunchroom is decorated in a way that reflects that student body.



- Signs show students how to make a reimbursable meal on all lines.

Opportunities:

Focus on Fruit

- Fruit can be offered in at least two locations on all service lines, one of which is right before each point of sale.

Boost Reimbursable Meals

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- The use of creative names for featured menu items on signs and on the school menu.

Lunchroom Atmosphere

- Student artwork/projects to decorate the lunchroom

School Community Involvement

- Incorporate Smarter Lunchrooms strategies into the Wellness Policy.
- Participation in food promotion programs or Farm to School grants (we can provide these as they come along).

Student Involvement

- Students could provide informal feedback (raising their hand or with surveys) to inform menu development. “Try it Tuesday” or “Vegetable of the Month”, possible options to allow students to taste new foods regularly.
- Students can be involved in the development of creative and descriptive names for menu items.

Move More White Milk



- White milk could be displayed in front of other beverages in all coolers.



Cornell Cooperative Extension
SNAP-Ed New York, Hudson Valley Region

Smarter Lunchrooms Assessment – Completed by SNAP-ED HV, January 29, 2020

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