



Hudson City School District
Cafeteria Menu - Jr./Sr. High School
November, 2019

BREAKFAST 11/4	11/5	BREAKFAST 11/6	BREAKFAST 11/7	BREAKFAST 11/8
French Toast Sticks w/ Turkey Sausage		Yogurt Bar	Cinnamon Roll	Breakfast Pizza
LUNCH		LUNCH	LUNCH	LUNCH
Mozzarella Sticks w/ Dipping Sauce Garlic Roll Vegetable Bar Fruit Choices, Milk	Superintendent's Conference Day No School	Corn Tortilla Chips w/ Taco Meat & Cheese Brown Rice Black Beans, Salsa Vegetable Bar Fruit Choices, Milk	Roast Chicken Crosstrax Fries Dinner Roll Vegetable Bar Fruit Choices, Milk	Teriyaki Beef & Broccoli Rice Mini Veggie Egg Roll Vegetable Bar Fruit Choices, Milk
11/11	BREAKFAST 11/12	BREAKFAST 11/13	BREAKFAST 11/14	BREAKFAST 11/15
	Assorted Muffins & Yogurt	Breakfast Pizza	Breakfast Sandwich	WG Donut
VETERANS DAY	LUNCH	LUNCH		LUNCH
No School 	Cheeseburger on a Bun Lettuce, Tomato, Onion Tater Tots Vegetable Bar Fruit Choices Milk	Cheese Ravioli w/ Sauce Roasted Broccoli Spears Vegetable Bar Fruit Choices Milk	1/2 DAY - ALL SCHOOLS No Lunch Served	Jamaican Beef Patty Creole Rice Spinach & White Beans Vegetable Bar Fruit Choices Milk
BREAKFAST 11/18	BREAKFAST 11/19	BREAKFAST 11/20	BREAKFAST 11/21	BREAKFAST 11/22
French Toast Sticks w/ Turkey Sausage	Cinnamon Roll	Breakfast Sandwich	WG Donut	Assorted Muffins & Yogurt
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
"Double Dogs" (2 Hot Dogs on a Bun) Curly Fries Vegetable Bar Fruit Choices Milk	Chicken Fajita on Whole Grain Tortilla Peppers & Onions Black Beans Salsa Vegetable Bar Fruit Choices, Milk	BBQ Beef Sandwich Potato Wedges Vegetable Bar Fruit Choices Milk	Roast Turkey & Gravy over Mashed Potatoes Stuffing Vegetable Bar Fruit Choices Milk	Chicken Patty on a Bun Lettuce, Tomato, Onion Crosstrax Fries Vegetable Bar Fruit Choices Milk
BREAKFAST 11/25	BREAKFAST 11/26	11/27	11/28	11/29
Mini-Bagels	Yogurt Bar			
LUNCH	LUNCH	THANKSGIVING		RECESS
Chicken Nuggets Mashed Potatoes Dinner Roll Vegetable Bar Fruit Choices Milk	Chef's Choice Vegetable Bar Fruit Choices Milk			

Breakfast Includes a
Choice of Fresh
Fruit, Juices, Cereals,
Bagels, Milk, and the
Daily Selection as
Printed on the
Breakfast Menu

Available Daily for Lunch:
Salad Bar
Yogurt Parfait
Assorted Sandwiches: PBJ, Tuna, Egg Salad, Turkey, Grilled Cheese
Hummus Plate: Hummus, Flat Bread, Cheese Stick, & Veggie Sticks
Pizza Station
Grab & Go Line: Hamburger, Filet of Fish, BBQ Rib Sandwich,
Chicken Patty

Hudson City School District
is an equal opportunity
employer and provider.



Menu subject to change.